

Registration for October 12-13

Name: _____

Email: _____

Phone: _____

Address: _____

City, Zip: _____

Parish: _____

Childcare needed for Fri. morning \$ _____
(\$5 per family) (9am-1pm)
Names and ages of children:

Registering for _____ sessions \$ _____
(\$15/session or \$40/all 3 sessions)

Art/Craft Session \$5 supply fee \$ _____

Registering for mini-session(s)(\$10) \$ _____

Coming for the soup dinner \$ _____
(Thurs. 5:30-6:30)(\$7/meal in advance; \$9 at door)

Coming for the lunch \$ _____
(Fri. 11:15-1:00)(\$7/meal in advance; \$9 at door)

Total enclosed \$ _____
(Please make checks payable to
Saint Sebastian Faith Formation)
(At this time we only accept cash or checks.)

Registration Options:

- Register online at www.firstfruits.info
- Contact Jen Zils at 203-293-5939 or email registrations@firstfruits.info
- Turn in or mail paper registration forms to St. Sebastian Parish Ofc c/o Faith Formation

WELCOME!

During Firstfruits gatherings you are welcome to visit us any time. There are, however, three sessions of structured time when spiritual opportunities are offered for women of all ages.

- 6:30-8:30pm (**Thursday** evening)
- 9:15 –11:15am (**Friday** morning)
- 1:00-2:30pm (**Friday** afternoon)

Register for one, two, or all three sessions. In between sessions come relax in the Kiwi-Café with a cup of coffee and a variety of homemade goodies. You are also welcome to join us for a soup dinner (Thursday 5:30-6:30) and/or a lunch (Friday 11:15-1:00).

Cost: \$15/regular session or \$40/all 3 sessions;
\$10 mini-session.

Gift Certificates: \$25 Gift Certificates are now available. To order, contact Joan Carey by email (JoanCarey@firstfruits.info) or by phone (262-271-7859).

Childcare: \$5/family
Available morning (Fri. 9:00-11:15am)
_____ session only. Pre-registration required.

Meals: \$7/meal if ordered in advance or
\$9 at the door
Soup dinner (Thurs. 5:30-6:30) and /or
lunch (Fri. 11:15-1:00).

Session Offerings: Please see other side for offering descriptions and schedule.

Registration: Details on form at left.

Check-In: Please arrive 15-30 minutes early to the morning or evening sessions to allow for check-in.

Future Firstfruits Dates...

~~2017~~

Oct 12-13* St. Sebastian—Milwaukee

Nov 2-3* St. Alphonsus—Greendale

2018

Mar 6-7* St. Eugene—Fox Point

Come join us in between events at our new permanent Home Site in Elm Grove! Check out our calendar of events at Firstfruits.info or email Joan Carey at JoanCarey@Firstfruits.info for more information.

*During 2-day events, attend 1, 2 or all 3 sessions. Evening sessions (6:30-8:30) are offered on the 1st day, Morning (9:15-11:15)/Afternoon(1:00-2:30) sessions are on the 2nd day.

ALL ARE WELCOME!



Website: Firstfruits.info

Executive Director: Joan Carey
JoanCarey@firstfruits.info
262-271-7859

Registration: Jen Zils
registrations@firstfruits.info
203-293-5939

St. Sebastian Contact: Ed Duncklee
eduncklee@saintsebs.org
414-453-7150

Firstfruits Permanent Home Site:
890 Elm Grove Rd, Elm Grove, WI

Contact Joan to bring Firstfruits to your group.

A Gathering of Women



October 12-13, 2017

(Thursday evening,
Friday daytime)

Hosting Site:
**St. Sebastian
Parish**

5400 West Washington Blvd
Milwaukee, WI 53208

414-453-7150

www.saintsebastianonline.net



October 12-13th at St. Sebastian, Milwaukee

Offering Descriptions...A Feast of Opportunities...

The 12 Steps for Spiritual Growth ~ The 12 Steps have helped countless people seeking to change their lives due to the wealth of wisdom contained in them. Each step can move us closer to becoming the women God created us to be and can lead us to a deeper peace in all our relationships—with God, others, and ourselves. During the first half of our session, we will focus on how the 12 Steps can help us grow spiritually; for the last half, participants will be invited to journal and share on our topic from Step One, "Humility and Honesty." Due to our limited time, we are focusing on only *one aspect* of all the wisdom that could be mined from the First Step.

*Please note: this is not a professional therapy group and is not based on a particular 12 Step program. Rather, we come together as equals sharing our unique life experiences and journey with God.

Mary T. Crane, M.A.T., Adjunct Instructor at Messiah College and ESL/Elementary Teacher; Former Pastoral Associate/Director of Religious Education

Pope Francis's Encyclical on Care of Creation

~ In his 2015 encyclical *Laudato Si'*, Pope Francis shared his concern that our treatment of God's creation, our common home, is gravely affecting the people of this earth — our one human family. We will explore what Pope Francis continues to say to us, why it's both a spiritual and moral concern, and what we can do about it.

Debra Schneider, MA;

LC Catholics for Peace and Justice, VP Waukesha County Green Team

Rediscovering Mercy ~ Some say that forgiveness is a lost virtue. We hear so much about God's mercy in the Scriptures. With the help of some ideas from Anne Lamott's, HALLELUJAH ANYWAY, we will try to recover that embracing mercy gives our families, communities, and ourselves the light to get through darkness. Come prepared to share your best story of forgiveness.

Mary Osep,

Director of Youth and Young Adult Ministry, Our Lady of Lourdes, Virtues Facilitator

Mind Makeover ~ Do you worry about the health or safety of family or friends? Are you stressed about financial issues? Do you get frustrated when something messes up your plan for the day? Based on excerpts from Fr. Thomas Keating, this presentation will teach you three emotional programs for happiness. Learn to laugh at yourself as you recognize negative patterns and decide to find the joy in life!

Ginny Starken

Owner of Motivating Mindsets, LLC

Hail, Mary ~ National Geographic called Mary, *the Most Powerful Woman in the World*. What is the hold that Mary, the Mother of Jesus, has upon the Church and upon the world? And why does Mary continue to appear to simple people revealing potent messages of God's salvation? What are her warnings about? Why Fatima? Lourdes? Medjugorje? And if Mary is so important to salvation history, how important is she in your life? "As the universal symbol of maternal love, as well as of suffering and sacrifice, Mary is often the touchstone of our longing for meaning..." (National Geographic). Come, discover Mary as the Seat of Wisdom, whose message is hope for the world.

Mary K. Matestic, MTS, St. Francis Seminary

(Art/Craft) Earthen Vessels ~ This hands-on art workshop by Sister Karlyn Cauley allows each of the participants to create a matted art piece ready for framing. Sister provides the supplies for a simple weaving technique with colored papers. As the project proceeds, the words of St. Paul become clearer and our love for God grows. "We hold a treasure not made by hands, an earthen vessel of untold wealth!" Take this beautiful piece home with you for your inspiration through the new year! All supplies are provided for a nominal fee of \$5.

Class is limited to 10.

Sr. Karlyn Cauley

Healing Harmonies ~ Music soothes the soul and melodies heal a hurting heart. Come and soak in the loveliness of scriptural truths set to song, spend sweet moments in musical meditation and prayer, and revive your weary spirit with joyful praise! "Sing to the Lord a new song, His praise from the ends of the earth."

Wendysue Fluegge, singer, songwriter, & worship leader

Love and Logic ~ Love and Logic is a great way to raise children who are respectful, responsible and fun to be around. Are you interested in how to put the fun back into parenting? How to be a cool parent in hot situations? Or maybe what Scripture says about parenting? You will be encouraged, inspired and affirmed in your ideas of parenting. Applicable to all ages, 8 months to 80 years. Even works on husbands and co-workers!

Pam Olsen

Love and Logic Coaching Sessions ~ (30 minute sessions from 11:30-1:00) One on one time with Pam to discuss approaches to parenting.

Pam Olsen

Chair Massage ~ Take full advantage of this day of spiritual, mental and physical renewal with a chair massage. *Sign up for one of our 7 time slots by phone or email to Jennifer Zils on a first-come basis. Each session is 15 minutes running between 11:15—1:00.*

Mary Beth Rezek,

Profoundly Peaceful Massage & Yoga

(Individual) Spiritual Direction ~ The spiritual life brings times when God seems near and times when God seems distant. Spiritual direction offers the skills of a trained listener to walk with the seeker through these ups and downs. Lead by prayer and the guidance of the Holy Spirit, help discover where the rhythms of God are in life. *Sign up for one of our 2 time slots with our spiritual director by phone or email to Jennifer Zils on a first-come basis. Each session is 25 minutes running between 12:00 - 1:00.*

Mary Matestic MTS, St. Francis Seminary

Firstfruits Registration at St. Sebastian, Oct. 12-13, 2017

— **Soup Dinner Fri. 5:30-6:30**

October 12, Thursday Evening 6:30-8:30

5:30 - 6:30 Check-In

6:30 - 7:00 Music/Welcome in Church

7:00—8:30 **Choose one:**

— Rediscovering Mercy

— Mind Makeover

October 13, Friday Morning 9:15-11:15

8:45—9:15 Check-In

9:15—9:45 Music/Welcome in Church 9:45—

11:15 **Choose one:**

— (Art/Craft) Earthen Vessels

— Hail Mary

— Healing Harmonies

— Love and Logic

— **Lunch & Free Time 11:15-1:00**

Optional Mini-Sessions (\$10)

Space is limited to specific time slots. To sign up for any of these sessions, call or email **Jen Zils** at **203-293-5939** or **registrations@firstfruits.info** on a first-come basis.

• **Individual Spiritual Direction** with Mary Matestic (25 min. between 12:00-1:00)

• **Chair Massage** (15 min. between 11:15-1:00)

• **Love and Logic Coach** with Pam Olsen (30 min. sessions between 11:30-1:00)

October 13, Friday Afternoon 1:00-2:30

Choose one:

— (Art/Craft) Earthen Vessels

— The 12 Steps for Spiritual Growth

— Pope Francis's Encyclical on Care of Creation