

National Day of Prayer May 7, 2020



Prayer:



Communication and communion with God

How we share our life with God

It provides God with the opportunity to work in our lives

It is as much 'listening' as it is about 'telling'

Prayer habits cultivate your spiritual life

It is required for a healthy relationship with God

Jesus modeled prayer in many ways. He is our example.

Simply put, prayer is lifting our hearts to God

Reflections on what PRAYER is....



[Click here to watch a 2-minute video on Prayer](https://youtu.be/6LG_3pX88fM)
https://youtu.be/6LG_3pX88fM

Our prayer cannot be reduced to an hour on Sundays. It is important to have a daily relationship with the Lord.

~Pope Francis

*Love to pray.
Feel often during the day the need for prayer, and take trouble to pray.
Prayer enlarges the heart until it is capable of containing God's gift of Himself.*

Ask and seek, and your heart will grow big enough to receive Him and keep Him as your own.

~Mother Teresa

What does the bible say about Prayer?

**When you pray, go into your room and shut the door
and pray to your Father who is in secret. And your
Father who sees in secret will reward you.**

Matthew 6:6

Be joyful in hope, patient in affliction, faithful in prayer.

Romans 12:12

**The Lord is far from the wicked, but he hears the prayer
of the righteous.**

Proverbs 15:29

**Pray in the Spirit at all times, with every kind of
prayer and petition.**

Ephesians 6:18



What does the bible say about Prayer?

Then Jesus told His disciples...that they should always pray and not give up.

~ Luke 18:1

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

~ Philippians 4:6-7

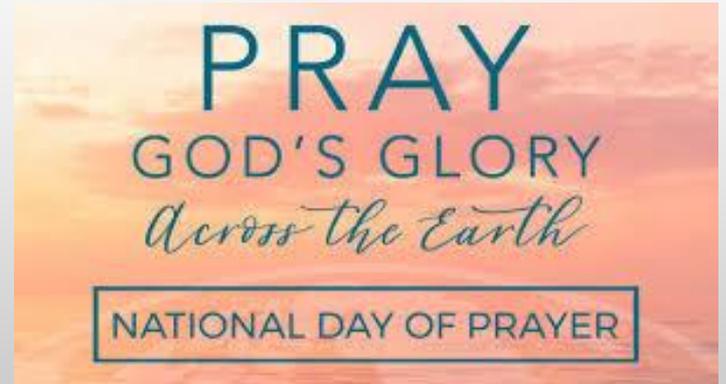
If My people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.

~ 2 Chronicles 7:14



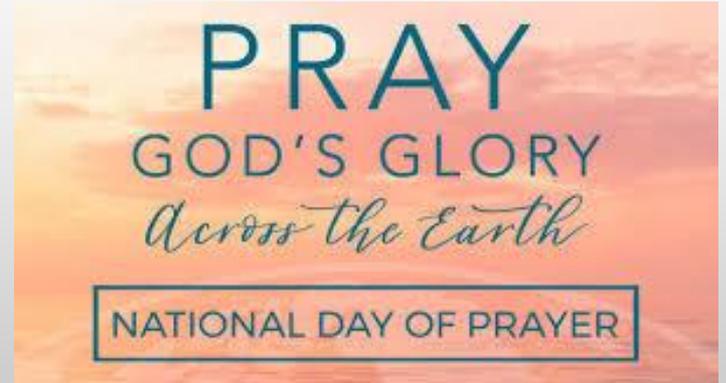
Praying for our World

- The National Day of Prayer is an annual observance held on the first Thursday of May, inviting people of all faiths to pray for the nation.
- It was created in 1952 by a joint resolution of the United States Congress, and signed into law by President Harry S. Truman.



Praying for our World

- This year's theme is based on Habakkuk 2:14
- It reminds us of this promise: "...for the earth will be filled with the knowledge of the glory of the Lord as the waters cover the sea us today"



On the National Day of Prayer



- Write a prayer that expresses what you want God to heal in our world.
- Together with your family, say your prayer this Thursday.
- Post it in your house. Let it serve as a reminder to actively pray for our world.



Prayer Activity

Create a prayer collage, a prayer jar, prayer banner or a prayer box!

- Use things you can find at home
- Collect or make items that call to mind prayer for you
- Examples: Pictures, quotes, crosses, things found in nature
- Make sure to include your thoughts of thanksgiving and petition for others
- Daily: Add to your collage, jar, banner or box
- Use this as a reminder to connect to God each day



Visit our Parish Prayer Walls



St. Sebastian



St. Catherine

Visit our Parish Prayer Walls



- Located outside the church in the prayer garden at 54th & Washington Blvd.
- View or contribute any time.

Saint Catherine Parish



- Located inside the church at 51st & Center.
- Come to the parish office between 9 a.m. and noon for viewing or contributing to it.

For more information, visit www.SaintSebastianOnline.net